



Resource Blog: Frequently Asked Questions for Leaders—Helping Others Grow with CHEW on This™

1. What if someone is skeptical or resistant to focusing on God's love?

- Response:
Gently affirm that God's love is the foundation of all Christian growth (see 1 John 4:19, John 13:34-35). Invite them to try CHEW for a week and notice any changes. Remind them that obedience, holiness, and service all flow from experiencing God's love first.
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2. How do I handle silence or reluctance to share in the group?

- Response:
Normalize silence as part of reflection. Give space for quiet, and don't rush to fill it. Encourage written responses or creative expressions for those who are less verbal. Remind the group that sharing is always an invitation, not a requirement.
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3. What if someone shares a deep hurt or struggle?

- Response:
Listen with empathy and without judgment. Thank them for their honesty. Offer prayer and, if appropriate, suggest follow-up with a pastor, counselor, or trusted mentor. Remind the group that God's love meets us in our deepest pain.
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4. How do I keep the group from getting “stuck” in the same struggle?



- Response:
Encourage exploring the root of the struggle (see the CHEW FAQ and dry seasons blog). Suggest new CHEW questions, different Scriptures, or creative approaches. Invite group members to support one another outside of meetings.
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5. What if someone dominates the conversation?

- Response:
Gently set group guidelines: “Let’s make sure everyone has a chance to share.” Use time limits or a talking object if needed. Affirm the value of every voice.
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6. How do I help people move from head knowledge to heart experience?

- Response:
Model vulnerability and honest reflection yourself. Use follow-up questions: “How did that truth affect your week?” “What changed in your attitude or actions?” Encourage journaling, art, or music as ways to internalize God’s love.
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7. What if someone is discouraged by slow progress or setbacks?

- Response:
Share stories of biblical figures (like Paul or Peter) who grew through setbacks. Reinforce the growth mindset: every attempt is progress, and God is patient. Celebrate small wins and encourage restarting as many times as needed.
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8. How do I adapt CHEW for kids, teens, or mixed-age groups?



- Response:
Use simpler language, shorter sessions, and more interactive or creative activities. Let kids draw, act out, or sing their CHEW questions. Invite teens to choose their own verses or lead a session.
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9. What resources are available for leaders?

- Response:
 - CHEW on This™ Leader Guide (coming soon)
 - Printable group discussion outlines
 - Creative prompts and activity ideas
 - Access to the CHEW Community for support and idea sharing
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10. How do I encourage ongoing growth beyond the group?

- Response:
Challenge group members to set personal CHEW goals, find accountability partners, or start their own groups. Share further reading, podcasts, or local church opportunities for continued growth.
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Encouragement

You don't have to have all the answers to be a great leader. Your willingness to walk with others, ask good questions, and point people to God's love is what makes the difference. God will use your faithfulness to spark transformation in others—and in you.

"And what you have heard from me... entrust to faithful people who will be able to teach others also." (2 Timothy 2:2)



Transparency Note: This resource is crafted in collaboration with advanced AI tools and thoughtfully finalized by the 1st Principle Group staff to ensure biblical faithfulness and practical relevance for our readers.